

CONFLICT RESOLUTION WORKSHOPS

When: Saturday, February 3, 2018
Where: **OEA Headquarters, Tigard**
Time: **8:30 AM – 4:00 PM**
Registration
Deadline: **January 26, 2018**
To Register: Contact Kaye Grensky at kaye.grensky@oregoned.org
or 541.743.4145

The workshop will cover the natural instincts people rely on when they disagree over motivations, values, ideas or needs. Participants will learn to recognize their own reactions and how to adopt a more emotionally intelligent response to conflict triggers.

Emotional intelligence grows as we develop the skills to recognize, understand, and use emotions successfully when managing our day-to-day interactions with others. These skills will be helpful to mediators as they gain competence in helping others reflect and manage their interpersonal conflicts.



Workshop instructor is Tsipora Dimant, Program Coordinator for the Beaverton Dispute Resolution Center. Tsipora has over twenty years of experience mediating business, workplace, family and neighborhood conflicts